



AHKE Adventure Travel

Email: info@bhutanecoventure.com
Website: www.bhutanecoventure.com

~Adventure ~ Culture ~ Eco Tours ~ Buddhism ~

BEST OF ADVENTURE IN 3 HIMALAYAN KINGDOMS (20 days)

Nepal - Bhutan- Sikkim

The beauty of the Himalayas is superbly displayed in these three countries. Draped along the highest points of the Himalayas, the kingdom of Nepal is a land of eternal fascination. Ancient bazaars and gilded shrines to Hindu gods and Lord Buddha portray the cultural development of these gentle, friendly people. We visit Kathmandu Valley to explore its historic past; ride elephants in Chitwan National Park to view the abundant wildlife; and travel to Pokhara for spectacular panoramic views of the Himalayas.

Next we visit Bhutan, the “Land of the Thunder Dragon”, until recently an inaccessible Himalayan kingdom. Its people have kept alive their local culture and ancient customs, from traditional woven garments to prayer flags on high mountain slopes and religious masked dances. We visit the visually stunning and historically fascinating Paro Valley and Thimphu, the capital city with spectacular forts and monasteries.

Our journey ends with a visit to Kalimpong, Sikkim and Darjeeling, three of the most beautiful towns in the eastern Himalayas. The tiny state of Sikkim has a pristine and unspoiled natural beauty. Here crimson-robed lamas chant ancient mantras to the rhythm of drums and trumpets. The “Queen of the Himalayas” is the name given to Darjeeling, a beautiful hill station at an altitude of 7,000 feet. Famous for its magnificent vistas, unusual flowers and tea gardens, Darjeeling affords unparalleled views of the majestic Everest and Kanchenjunga peaks.

This is a truly exceptional program combining the awesome natural beauty of the Himalayan Mountains with the diversity of rich, ancient cultures





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Tour Detail:

Length: 20 days
Min/max: 03/25
Tour type: Cultural Adventure
Country Tour: Nepal-Bhutan-Sikkim
Adventure Type: Mild/Below Average Grade

DETAIL ITINERARY

Day 1. Arrive Kathmandu

Arrive in Kathmandu. Upon arrival, you will be received by AHK Eco Adventure representative in Nepal. You will be assisted with the baggage and helped through to check in the hotel. Welcome dinner and you will be provided with brief trip introduction by the representatives.

Day 2, Kathmandu

Visit Swayambhunath Stupa and Pashupatinath Temple, renowned for its golden roof. Explore ancient Durbar Square with its hand-crafted wooden buildings. Enjoy a Nepalese dance performance followed by an authentic Nepalese dinner.

Day 3, Kathmandu/Bhaktapur/Dhulikhel

Drive to Bhaktapur whose town centre remains virtually unchanged since the seventeenth century. Continue to Dhulikhel and overnight at a beautiful hillside resort.

Day 4, Dhulikhel/Muguling

Rise in the early morning for a sunrise walk and enjoy your first panoramic view of the snowcapped Himalayan peaks. Afternoon a scenic drive to Muguling. Optional river rafting.

Day 5/6, Muguling/Chitwan National Park

Drive to Chitwan National Park. Your jungle lodge is located in the midst of Nepal's wild game sanctuary. In the hunting land of the Maharajah's, you will ride elephants in their natural habitat to view tigers, one-horned rhinoceros, sloth bears, crocodiles and other endangered species.





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Day 7. Chitwan/Pokhara

Drive to Pokhara, nestled in a valley beneath the great Annapurna Massif. There is no other place in the world where the beauty of the great Himalayan Peaks can be admired at such a close distance. Boat ride on Phewa Lake visiting David's Falls.

Day 8, Pokhara/Naudanda/Pokhara

Drive to Naudanda, meaning "nine ridges", with stunning views of Macchapucchare and the Annapurna

Day 09. Pokhara/Kathmandu

Morning flight to Kathmandu with breathtaking views of the central Himalayas. Remainder of the day at leisure.

Day 10. Kathmandu/Paro

Fly to Paro, in the beautiful western valley of the Kingdom of Bhutan. Walk through Paro's local Mkt.

Day 11. Paro

Visit Drukgyel Dzong, famed fortress of the victorious Drukpas, and 200-year-old Ta Dzong, the National Museum.

Day 12. Paro/Wangdiphrodang/Paro

Drive to the hilltop town of Wangdiphrodang with its magnificent dzong.

Day 13. Paro/Punakha/Thimphu

Excursion to Punakha, Bhutan's winter capital. Drive on to Thimphu, capital of the kingdom and seat of the royal family. Explore this small and secluded city on foot.

Day 14. Thimphu/Phuntsholing

Drive to the border town of Phuntsholing. Visit beautiful Kharbandi Gompa and Zangtopelri Lhakhang.

Day 15, Phuntsholing/Gangtok

Today enjoy the scenic drive through Teesta Valley to the fairy-tale town of Gangtok, capital of the tiny state of Sikkim. Visit Rumtek Monastery en route.

Day 16, Gangtok

Visit Enchey Monastery, Institute of Tibetology, Do Drul Chorten and market.



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Day 17, Gangtok/Darjeeling

Drive to colourful Kalimpong where you will see a medley of diverse mountain people. Continue on to Darjeeling.

Day 18, Darjeeling

Visit Tiger Hill for a spectacular sunrise view behind Everest. Other highlights include Ghoom Monastery, Himalayan Mountaineering Institute and a tea plantation.

Day 19, Darjeeling/Bagdogra/Calcutta

Drive to Bagdogra airport for your flight to Calcutta. Overnight at the airport hotel.

Day 20, Depart Calcutta

Transfer to the airport and depart for home.

We will provide VIP services to make sure your requirements are met at all stages. Briefing and all other departure formalities will be made available well in advance. **Please contact us for more detail.**